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Visit our website for up to date news: www.northfieldcentre.co.uk

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European Union
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1



Building Better Opportunities

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01785 248733
info@northfieldcentre.co.uk

The Northfield Centre
Magnolia Avenue, Stafford, ST16 3DU

 **NATIONAL LOTTERY FUNDED**



 **European Union**
European Social Fund

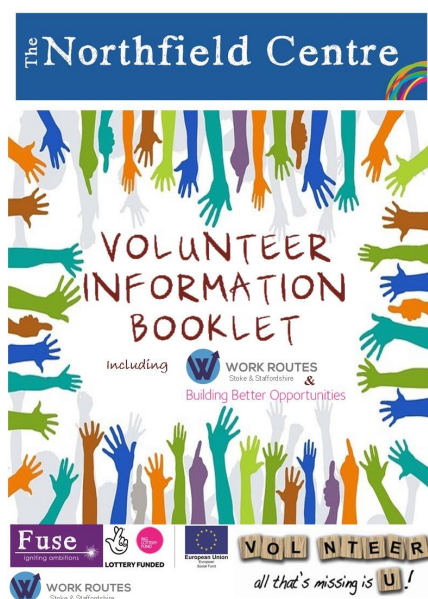
2

Building Better Opportunities Programme

The Building Better Opportunities programme is funded via the BIG Lottery and European Social Fund. A wide range of partners across Staffordshire are working together to reach those furthest from the job market.

At the Northfield Centre we are providing work experience and volunteer opportunities for participants on the BBO programme to enable them to gain skills and confidence to help them find a job. Whilst on the BBO programme participants will be supported to help them gain new skills and update their CVs. Training will be provided to support the role you choose, there is the opportunity to experience different roles across our programme to increase your skills.

We have created a new booklet which features the opportunities this is available on-line on our website www.northfieldcentre.co.uk or to pick up from our reception desk.



We will be looking to work with partner organisations who would like to provide work experience or volunteer opportunities. If you are looking to recruit new staff this is an excellent way of getting to know the abilities of potential employees through a fully supported programme which assists our BBO participants to gain new skills in the labour market.



Work Experience

If you are interested please get in touch



Northfield Centre,
Magnolia Avenue,
Stafford, ST16 3DU

Info@northfieldcentre.co.uk

01785 248733

3 Work-Routes Programme

Work Routes helps unemployed people find and sustain employment. The free service enables jobseekers to improve their skills and employability and create a personal plan to find the right job for them.

Regular 1-2-1 personal guidance is available from a friendly adviser, as well as group training and exclusive local jobs vacancies.

If you are interested in the programme please speak to one of the staff in the centre.

This programme is co-financed by the European Social Fund

Work Routes helps unemployed people find and sustain employment. Our free service enables jobseekers to improve their skills and employability and create a personal plan to find the right job for them.

Regular 1-2-1 personal guidance is available from a friendly Adviser, as well as group training, financial support and exclusive local job vacancies.



HOW CAN WE HELP YOU?

- 1 SIGN UP**
One of our job advisors will ring and see how we can help
- 2 1-2-1 MEETING**
Meet a job advisor to develop your personal training and support plan
- 3 TAILORED TRAINING**
Training through our volunteer/work placement scheme to gain skills and confidence
- 4 EXCLUSIVE VACANCIES**
We'll help you find jobs not advertised anywhere else
- 5 LASTING SUPPORT**
On going help once you start work— support applying for more hours or promotion

Have you been looking for work?

Our friendly job advisor can help you find and start a role that's right for you

Sign up for Work Routes today!
workroutes.co.uk



Here to help

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Report on the Summer Fair



Partners from the Centre came together for a day of family fun and sunshine including Aspire, The Rotary Club and The photographic Society The day started off with dancing from Groove Academy kids club showing off their latest moves.



The Urban Explorers ran a young persons photography workshop which was a great success and has carried on into the summer holidays.



Lesley and Janet had a stall of lovely handmade items including cards, cushions and doorstops.



Seida had a very busy day giving neck and shoulder massages and painting nails.



This was the first event I have helped to organise at the Centre and hope everyone enjoyed themselves. Thanks to the Stepping Stones Café for the tasty barbecue and thank you to everyone who took part and supported us on the day.

A special thank you to the Photographic Society for providing the funding for the bouncy castle.



Abi Davies



Next Talk is on Wednesday 25th October, 10.30 a.m. in Stowe Room, Northfield Centre.

Beat The Cold

Beat the Cold aims to deliver a service that will reduce the ill health, deaths and misery suffered by vulnerable households because of fuel poverty.



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Screw Fix Donation



Andrew Gould from Screw Fix presenting the cheque to Jean Jarvis MD Fuse

Screw Fix have kindly donated £200 to the centre as part of their Community fund. The donation is to fund two community events at the Northfield Centre.

Ian Bossons the centre manager said "I would like to

personally thank Screw Fix for their kind donation. It will allow us to put on two evenings which will be much appreciated by the residents of Elmwood and Limewood and all the local surrounding residents of the Northfield Village"

Jean Jarvis who is the managing director of Fuse said. "I was delighted to be invited to accept the cheque on behalf of Fuse. Donations such as this help us to deliver wonderful events which make a real difference to the local community.

SCREWFIX

SUMMER EVENTS



Family Fun Events held on Wednesday 9th and Wednesday 23rd August for families to bring their children along to join in with crafts and game activities.



The sessions cost £3.00 per child and lunch box was provided by Stepping Stones café.



The first session on the 9th August, we had 7 children attend with parents and grandparents also joining in.

We are hoping more children come along to the 23rd August event, as our tutor, Kate Bainbridge will be showing how to make puppets.

Tracey Gould the new - BBO Community Engagement and Volunteer Co-ordinator

Hi everyone! I'm Tracey Gould and have two boys now 25 and 28 years old. I am a nanny to two little girls and Lewis, my lovely but slightly mad springer spaniel.

I am pleased to have the opportunity to be working for FUSE Enterprise CIC, as the BBO Community Engagement and Volunteer Work Co-ordinator based at The Northfield centre.

For 17 years, I have worked for charitable and infrastructure organisations in partnership with public, statutory and businesses throughout Staffordshire and West Midlands. I have volunteered for a local scout group from being a parent helper, assistant scout leader and at present, as Chairperson.

Over the next few months, I aim to meet BBO partners and key people within the Stafford community to introduce myself, as I'd like to get to know local people and raise awareness of the BBO project.

I'm here to help you!

- Understand the benefits of volunteering for the many positions available.
- Support people wanting to work towards employment.
- Help to access training to increase your skills and knowledge.
- Build friendships through the social activities and fun opportunities.

If you'd like to find out more or would like to get involved, please give me a call and have a chat on 01785 248733 or 07816 510347



Tracey



**Stepping
Stones Café**

**LOCALLY SOURCED
FRESH FOOD**

Stepping Stones Café and bar serves a range of delicious, locally sourced, food throughout the day and provides a wonderful setting to enjoy one of our delicious Barista style coffees with our renowned cakes



The special large breakfast offer including a free tea, coffee or orange juice has proven so popular that we are going to extend the offer into the autumn.

With the autumn fast approaching we are putting on a new menu incorporating a variety of healthy home made soups, stew and casseroles ideal for the cooler weather. You can even enjoy a cool glass of our crisp Sauvignon Blanc or a delightfully Shiraz in our lounge area.

All our patrons are welcome to use our free Wi-Fi or public access computers at the Northfield Centre.

The café provides its excellent coffees, cakes and sandwiches to take away too. So if you are in a rush and haven't time to stay and enjoy the ambience then don't feel you need to miss out!

The Café is also available to hire for events, parties or functions with renowned bespoke buffets and we can offer a licensed bar too.

The Stepping Stones Café support us to help raise funds which are ploughed back into the centre.



Jane Godfrey Chef Manager

First floor office space to let - situated in a fully serviced building with lift access and ample parking spaces. With excellent transport links. The Northfield Centre also has a café and fully licenced bar



The office is 22m² with a private staff entrance for out of hours access. Visitors can also use our reception area to access the building. This office also enjoys fabulous panoramic views of the Northfield Centre gardens and boulevard.

Office Space To Let

We have an office within the centre to let. If you are interested in finding out more about this please contact Ian Bossons.

01785 248733
ian.bossons@northfieldcentre.co.uk



Annual Rental	Annual Service Charge	Monthly Rental	Monthly Service Charge
£4000	£2225	£333.33	£185.41

Computer Centre

Northfield Centre, Stafford, ST16 3BZ

Do you need help with accessing the internet and searching for information? Would you like to learn how to type a letter or send an email to a friend or family member? Perhaps you would like to take pictures with your digital camera and download them onto the computer to use on a greetings card or a personalised calendar?

There are so many different things that you can learn, and we are here to help. Learning can be fun, come and give it a go.

Our computer centre is open every weekday afternoon to adults with disabilities, and we offer IT tuition and support in a friendly and relaxed environment.

If you would like to know more about the computer centre please telephone Linda on 07756913569 on Mon – Friday afternoons between 1.00pm – 4.00pm or call in for a chat any weekday afternoon.

We also need more volunteers! If you have computer skills and some free time on your hands, you could help us to support our learners and give them the extra help that they need. I am sure that you would find it enjoyable and very rewarding.



Gayner



Beam would like to say a big old fashioned "thank you" to Ian and the team, particularly Abi, at The Northfield Centre. We chose The Northfield Centre as a venue to deliver our Universal Credits course; we found everyone extremely welcoming and were given a lovely room to work in. Drinks arrived on time and staff were always available if we needed them. We would recommend the venue to anyone and look forward to running events there in the future. It really is a lovely venue.

“This Girl Can” project—evaluation report

Groove Academy and the Northfield Centre were successful in securing funding to run a programme targeting Mum's with young children who do less than 30 minutes physical exercise per week.

The programme ran for 10 weeks from May to the end of school term and had great attendance from Mum's with children in the classes and not. It was run as taster sessions for Mum's to try different aerobic and dance classes. They were taught Zumba, Salsa, TAPfit, Rock n Roll and even had a Spice Girls Medley choreographed for them. The fun and laughter only grew as the weeks went on and result in a couple of the women taking up regular weekly classes as a result.

Comments include;

‘This is like guilt free time for me as my daughter is in the Mini Groovers class whilst I am joining in this class’.
‘I would never of had the confidence to come to a Zumba class on my own. I can't believe how much I have enjoyed the experience!’

The 40minute classes will restart mid September on Saturday mornings from 10.10 – 10.50am to coincide with the Mini Groovers class for 5-8yr olds at the Northfield Centre

If you know anyone who would be interested please contact
Kate Beauchamp on 01785 413 230 or email



THIS GIRL CAN

This Girl Can is a celebration of active women who are doing their thing no matter how well they do it, how they look or even how red their face gets. Funded by The National Lottery and developed by Sport England, we want to help women overcome the fear of judgement that is stopping too many women and girls from joining in.





Groove at the Northfield Centre

As one of the first clients to move into the Northfield Centre, Groove Academy have an extensive class timetable operating.

They cater for Grandparents to Grandchildren with an extensive timetable. The Children's classes have seen 'Mini Groovers' and 'Dancing Divas' excel and build in character. Children's dance party's are the most recent venture to explode. The adult classes can help you build strength, improve you core, burn calories or learn a new dance skill. With classes during the day and in the evenings, there are lots of opportunities for you to build regular activity into your day.

Up coming activities include dance workshops and short courses.

The timetables, and events, course and workshop details can all be found on www.grooveacademy.co.uk or by calling 01785 413230

Kate Beauchamp

♦ email

enquiries@grooveacademy.co.uk

♦ Tel:01785 413 230

Try Something NEW in Dance & Fitness





• **Wedding Dances**

There is probably only one moment on your wedding day that the 2 of you are truly alone.... your 1st dance. Now this could be an awkward 3 minute sway or with our help, an amazing moment to share and impress the wedding party with. Start your married life how you mean to go on....together, having fun. Ask at reception for further details or email: info@grooveacademy.co.uk



• **Private Lessons**

Do you have a burning desire to learn to dance but don't want to be part of a class. Do you want to fast track through those beginners steps or wish to perfect a dance style with specific lessons. Consider having a Private lesson where you are the centre of attention to reach your particular goals. Ask at reception for further details or email: info@grooveacademy.co.uk

• **Children's Dance Party's**

With many dance themes to choose from, we would love to help entertain your children as they celebrate their next birthday. From Super Heroes to Disney Divas, please call to discuss this further or email:

info@grooveacademy.co.uk



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Terms & conditions apply. Book on-line or call 01785 413 230



Building - Better Opportunities

The Building Better Opportunities (BBO) programme funded by Big Lottery Fund and European Social Fund appointed a new BBO Community Engagement and Volunteer Work Coordinator, Tracey Gould who started on 12th June.

The BBO programme aims to address individual's multiple problems to overcome to find suitable employment opportunities tackling barriers. Tracey has over the last few months found that potential participants have a multiple complex needs and issues to address and she is providing support in various ways to address the issues including basic I.T on 1-2-1 basis and has referred clients to partners i.e. CAB.

Since Tracey started, we have appointed seven new BBO participants to the programme predominately by self-referrals or via one of our Northfield partners. The participants will be volunteering in Northfield Village Community Hub and with other partners including Upper Moreton Farm, Wrekin Housing Trust and Elmwood Choices. The volunteering they are engaged in includes organising events, reception work and café duties.

Tracey has made links with Support Staffordshire, SCVYS, Citizen Advice Bureau, Elmwood, Limewood, Choice Housing, Screwfix and many more. Other success stories for BBO Participants included:

One participant, who was self-referred to the programme, long term wants to secure a paid part time job in an

administrative role. He has complex health needs and is at present enjoying volunteering at Upper Moreton Farm in their office and is also taking part on their 10 week BBO programme. He is already showing an increase in self confidence, gaining new skills and will make significant health and well-being improvements.

A link she has made is with Screwfix Distribution centre in Stafford with the aim of developing a partnership to support potential participants in to work. We have recently been awarded £198 through their small grants programme and will be delivering two events that will benefit the community.

An issues that seems to be ongoing for Northfield is the litter problem so FUSE has been given the opportunity to apply for Screwfix Foundations grant of funds between £2,000 - £5,000.

Over the last few months Abi has organised Litter Picking events working in partnership with Stafford Borough Council, Street Scene, Limewood and Aspire and have collected significant amounts of not just general waste but rubbish that included McDonalds and Subway wrappers, and Alcohol bottles and cans.





Now available at Sky Blue Yoga

Reiki healing	£30.00
Angelic Reiki healing	£30.00
Holistic Massage	£30.00
Back and legs	£25.00
Back, shoulders & arms	£25.00
Indian Head (neck & shoulders)	£30.00
Aromatherapy	£30.00
Hot stone therapy	£30.00
Reflexology	£30.00

Courses

Learn to practice Reiki for yourself, complete with work book
and continuing guidance

Reiki level 1	£80.00
Coaching & energy sessions	£20.00

Contact Amy for your free consultation on

07833 664 130

Discounts and concessions available



Where your photography comes to life!

Stafford Photographic Society was formed in 1895 and It is one of the oldest photographic societies in the Midlands.

We have been meeting at the Northfield Centre for just over a year now and all our members and guests have been very complimentary about the facilities and the cooperative staff

We have a wide range of guest speakers over the year covering a broad range of subjects including travel, wildlife, landscapes, sports photography and photographic techniques. We also have our own internal competitions where members present their best images for scrutiny by external judges.

Once a month we meet at the Fire Station in Stone for our 'Question & Answer' session where members set the agenda to discuss images they have taken or ask questions about their photographic equipment

The Society continues to have success in local and national competitions and was awarded joint first in a national print competition run by Photographic Alliance of Great Britain (PAGB) in October 2015. The PAGB has over a thousand clubs throughout the UK and is internationally recognized as a major organization in the world of photography. The best we had done previously was coming second in 2003

The Society is always looking for new members of all abilities who wish to pursue their interest in photography, everyone is welcome whether you are using a phone camera or an expensive SLR camera, why not come along and see for yourself and take advantage of the wonderful facilities. We meet every Tuesday night from the 1st of September to the end of May at the Northfield Centre from 7.30 to 10.00 pm.



Presented by B-Hive Events. Design by Remix Factory Media.

SUPPORTED ADULTS

DISCO

£4 ENTRY 8PM - LATE
£2 for carers & support workers

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Stafford, ST16 3DU

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Pass Tenpin Stafford bowling alley (ST16 2SD), follow A34 to island. Take 2nd exit staying on A34. Co-Operative Street is 5th turn-off on the right.

CALL 07929 248 834 FOR DETAILS

or e-mail THEBHIVE@OUTLOOK.COM



PARKINSON'S^{UK} CHANGE ATTITUDES. FIND A CURE. JOIN US.

PARKINSON'S^{UK} CHANGE ATTITUDES. FIND A CURE. JOIN US.

We have lots of activities. For example a lot of us play crown green bowls. We were offered some free coaching and we enjoyed it so much that we even have a team in a local league! Some of the bowlers so enjoyed playing that they meet over the closed season, play cards and get ready for the new season! We meet at the Amasal Sports Club, St. Alban's Road, Stafford.



Give Steve Turner a ring on 01785 229437 for details.

Who can we contact?

Our Chair is Cynthia Darley,
01785 254246

Our Secretary is Hilda Sharp
01785 817866

One of many
Committee members is
Steve Turner
01785 229437

Chase Group Geoff Chandler
01543 425819

Parkinson's UK Stafford and Chase Branch

Who are we?

We are the
Stafford and Chase Branch
of the National Charity
Parkinson's UK

What do we do?

We do a lot to support people with the condition and also their families, their carers and medical staff. We meet regularly once a month and we have speakers from all walks of life, not just about Parkinson's itself.

We go on trips which, like all our events, are free to members and we raise funds for these events as well as for research into the condition.

Where and when do we meet?

Stafford Branch meet at 7.30pm on the
first Monday of the month at:
Northfield Centre
Co-operative Street
Stafford
ST16 3BZ

Chase Group meet at 7.30pm on the
last Monday of the month at:
The Aquarius Centre
Victoria Shopping Park
Hednesford
WS12 1BT

If you need help with directions, just
give us a call.

German Classes

Thursdays in Stowe Room
10am-12pm

Please contact Alison Kirsch
email - alison.kirsch@ntlworld.com



“With 25 years’ experience as a German teacher, I have optimised my own strategy for teaching effectively and accurately. You might be learning German for business, to relocate, to pass a GCSE or A level or for pleasure. I can ensure you will be able to communicate in meaningful and accurate German within hours.

The most important element of learning a language is to be able to speak it with confidence and accuracy.

I have been here at the Northfield Centre since September 2015. I have been operating in school term time on Thursdays”

Alison Kirsch offers a unique German language training service to individuals and businesses in Staffordshire, Shropshire and the West Midlands.

Limewood's Dementia Outreach Manager's Report



The Dementia outreach Manager, Diane, has been out and about visiting the local community educating people about Dementia to build a Dementia friendly community. "One visit that really stands out is when I spoke to a group of young adults who are working towards their National Citizen Award. They're a credit to our local community and were keen to hear about how it is possible to live well with Dementia. I really enjoyed meeting such fantastic people!"

National Citizen Award is open to all 16 and 17-year-olds in England. It helps you build your skills for work and life, while you take on new challenges and meet new friends.

The award brings together young people from different backgrounds and helps them develop greater confidence, self-awareness and responsibility. It encourages personal and social development by working on skills like leadership, teamwork and communication. Participants develop a social action project to deal with a local issue they're passionate about, and spend 30 hours putting the project into action in their community.



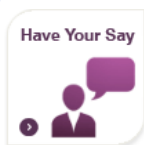
A Dementia friend's session also took place at Elmwood, and residents who attended are now dementia friendly.

The dementia Hub is hosting a memory clinic organized by the Alzheimer's society from September



Dianne Wallace

Mark Your Calendars UPCOMING EVENTS



On Saturday 26th August, 10 am—12pm the new Councillor Jonathan Price is holding a surgery in the café area of Northfield Village Community Hub.



Volunteer event hosted by Asda Stafford will be held on Friday 26th August from 9.30 a.m. We will be having a stand to promote the Building Better Opportunities programme and raising awareness of the volunteering opportunities available and the benefits of getting involved. Our partner, Support Staffordshire will be there to support the event and talk to people about volunteering in their community.



Afternoon Tea with a talk about Stafford Shoe Industry in company of Dr John Wilcock on Thursday 12th October, 2.00 – 4.00 p.m



Dementia talk session with Diane Wallace (Dementia Outreach Manager from Limewood) to be held at the Northfield centre on Wednesday 27th September, starting at 11.00 a.m. Everyone is invited to attend this free talk.



A Christmas Fayre event at Northfield centre on Saturday 2nd December, 11.00 a.m. – 3.00 p.m. Free entry. Come & meet Santa. Festive activities and variety of Christmas stalls. If you are interested in having a stall at the event, please ring and speak to Abi or Laurie for further details.



Northfield B2C Network on Tuesday 26th September, starts 8.30 a.m with a Stepping Stones Breakfast, £6.00. The network based in Community Hub at the Northfield centre in Stafford is a great way to market your business and link with the community. A friendly, modern with free wifi facility and in an easy location with plenty of parking facilities



The Littleworth Singers are making their regular Christmas appearance on the 12th December from 1-2pm - free admission with a mince pie and a glass of mulled wine or tea & coffee

The Innovation Chamber Orchestra perform their Christmas extravaganza on Saturday 16th December 6.30-8.30 pm with mince pies and a glass of wine or tea & Coffee tickets £7.00, £5.00 concessions



For further information about any of the above or to pre-book places please e-mail info@northfieldcentre.co.uk or ring Abi or Tracey on 01785 248733.

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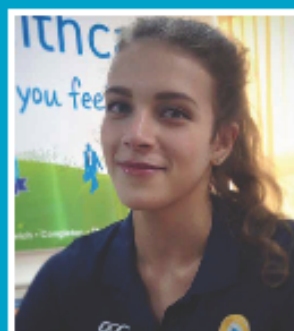
Therapists



Georgios Christopoulos



Sara Farah



Naomi Abdelmola

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Jonathon Price

As the newly elected County Councillor for the Stafford North division, I was really pleased to be invited to come along to the Northfield Centre and meet the staff.



Starting on Saturday 26th August from 10am—12pm, I am holding a surgery in the café area of the Northfield Centre.

The surgery provides residents with the opportunity to come and talk to me about any issues, concerns you may have.

There will be advice and information available about local services and opportunities to support your local community. Come along and have a free tea or coffee.

✉ jprice@staffordbc.gov.uk



01785 240903 / 07792 024858

CONTACT US GET IN TOUCH

Ian Bossons
(Centre Manager)

01785 248733
07816510446

ian.bossons@northfieldcentre.co.uk

Tracey Gould
(BBO Community Engagement and
Volunteer Co-ordinator)

01785 248733
07816 510347

tracey.Gould@northfieldcentre.co.uk

Abi Davies
(Team Leader & room bookings co-ordinator)

01785 248733

abi.davies@northfieldcentre.co.uk

Karen Stacey
(General assistant)

01785 248733

karen.Stacey@northfieldcentre.co.uk

Jane Godfrey
(Chef Manager—café or party bookings)

01785 248733

jane.godfrey@wrekinhousingtrust.org.uk



www.northfieldcentre.co.uk
www.fuseenterprise.co.uk
www.wrekinhousingtrust.org.uk



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Northfield Centre. Magnolia Avenue, Stafford, Staffordshire, ST16 3DU



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Company No: 9516046 VAT No. 974801202